

Food Assistance Programs

Make sure to call and verify hours before visiting the food pantries

Last updated 6/29/2022

Dutchess Outreach (The Lunch Box)

About:

The Lunch Box is a community meal program that provides a hot lunch and dinner five days a week for anyone who needs one within Dutchess County. The Lunch Box is open Mon-Fri and most holidays to ensure that all Poughkeepsie residents are able to enjoy a delicious prepared-from-scratch meal.

Hours:

Lunch (to go): 11:15am-1:00pm, Monday-Friday

12:00pm-1:00pm, Sunday

Dinner (to go): 5:00pm-6:00pm, Monday-Friday

Location:

29 N Hamilton Street at the Family Partnership Center
Poughkeepsie, NY

Phone Number:

(845) 454-3792

Salvation Army- Poughkeepsie Breakfast Program

Hours:

Monday- Friday 8:30am-9:30am

Location:

19 Pershing Ave
Poughkeepsie, NY 12601

Phone Number:

(845) 471-1210

Reach out and Touch Food Pantry

Hours:

Tuesday 9:30am-12:00pm

Location:

100 Cannon St
Poughkeepsie, NY 12601

Phone Number:

(845) 337-3611

CAP for Dutchess County- Poughkeepsie

Hours:

Monday- Friday 8:30am-4:30pm

Location:

77 Cannon Street
Poughkeepsie, NY 12601

Phone Number:

(845) 452-5104

Spanish Poughkeepsie SDA Church Food Pantry

Hours:

Thursday 12:00pm-4:00pm

Location:

61 Market Street
Poughkeepsie, NY 12601

Phone Number:

(845) 729-8804

Ebenezer Baptist Church Food Pantry

Hours:

Open the 2nd and 3rd Saturday of each month
8:00am-12:00pm

Location:

15 Smith Street
Poughkeepsie, NY 12601

Phone Number:

(845) 670-6244

Dutchess Outreach Food Pantry

Hours:

Monday- Friday 8:30am-9:30am

Location:

29 N Hamilton Street, Suite 202 (At the Family Partnership Center)
Poughkeepsie, NY 12601

Phone Number:

(845) 471-1210

Salvation Army- Poughkeepsie food Pantry

Hours:

Open by appointment only

Location:

19 Pershing Ave
Poughkeepsie, NY 12601

Phone Number:

(845) 471-1210

Mother's Cupboard Food Pantry

Hours:

Tuesday 1:00pm-5:00pm

Location:

92 Catharine Street
Poughkeepsie, NY 12601

Phone Number:

(845) 473-1662

St. Paul's Poughkeepsie Food Pantry

Hours:

Tuesday-Thursday 10:00am-2:00pm

Location:

161 Mansion St.
Poughkeepsie, NY 12601

Phone Number:

(845) 452-8440