

Parenting Support Resources

Astor Head Start

About:

Federally funded preschool program that serves primarily low-income children and children with disabilities.

Location:

50 Delafield Street
Poughkeepsie, NY 12601

Phone Number:

(845) 452-7726

Website:

<https://www.astorservices.org/program/head-start/>

Cornell Cooperative Extension

About:

Runs parenting workshops and youth programming. RAAP Youth is a program where eligible children are offered fun educational activities that are designed to promote communication, positive peer relationship skills, and works to facilitate a safe and welcoming space for discussion and growth. The parenting workshops teach participants parenting skills in the areas of understanding children, how to help children learn and thrive, effective discipline, and personal stress management.

Phone Number:

Contact Jessica Canale with questions
(845) 677-8223 Ext 137

Jmc646@cornell.edu

Website:

<http://ccedutchess.org/family>

Dutchess County Department of Community and Family Services

About:

The mission of this department is to provide temporary assistance in order to sustain low income and disabled persons and to protect and support individuals in achieving the greatest of independence. They offer children's services, child support programs, supplemental nutrition assistance program and much more.

Location:

60 Market Street
Poughkeepsie, NY 12601
Mon-Fri 9am-5pm

Phone Number:

(845) 486-3000

Website:

<https://www.dutchessny.gov/Departments/Community-Family-Services/Community-and-Family-Services.htm>

Young Parenting Program at the Child Abuse Prevention Center

About:

Confidential pregnancy and parenting support for youth ages 13-21

Location:

35 Van Wagner Road
Poughkeepsie, NY 12603
Mon-Fri 9am-5pm

Phone Number:

(845) 454-0595

Contact:

info@thecpca.org