

Sun River Health Gynecology



At your regular women's health appointments, we treat the symptoms of health problems by ordering tests, medical imaging and medications.

However, what really keeps you healthy are the things that you do to take care of yourself at home. At regular medical visits we don't have the time for education that you need to learn to care for yourself and keep yourself healthy.

If you are interested in taking charge of your own health, preventing health problems, and treating the root causes of any health problems, we can schedule extra visits to provide the eduation and support that you need.

Wednesday evenings at the Family Partnership, starting at 5pm, we have health education appointments where you can discuss your own personal health issues, and learn about lifestyle measures that you can take to keep yourself healthy